ENERGIZING COMMUNITIES COLLECTIVE

CLASSROOM CHAMPIONS

IMPACT LOCATIONS + YEAR-END UPDATE

2025-26 SCHOOL YEAR

THE ENERGIZING COMMUNITIES COLLECTIVE

2025-26 SCHOOL YEAR AT A GLANCE

30,000
Students Impacted Per Year

150
Schools Connected

41
Canadian Athlete Mentors

55
School Districts

79
Communities Across 3 Provinces

27
Companies in the Collective

200
Days of Support

LOCATIONS SUPPORTED IN WESTERN CANADA

Indigenous Communities **55**

Alberta **56**

British Columbia **16**

Saskatchewan **7**

Champion Mindset Curriculum: Snapshot

- 8 **Curricular units and Athlete Mentor lesson videos** per grade level
- 32 total **weekly lesson plans**, worksheets and additional topical learning resources
- 40 **Cross-Curricular** Activities
- 24 **Warm-Up videos** specific to each grade level
- 8 **Family Connection Newsletters** & Videos
- 96 **Mindful Minute Videos** (A popular one here!)

Community & School Support

- 200 Days of program access + live personal support help line
- Personal Onboarding sessions for teachers and program administrators
- 2 Virtual Professional Development Sessions for teachers
- Fall and Spring Live Chats with their Athlete Mentor for paired schools
- 14 schools visited for Community Events with in person athlete visits

ENERGIZING COMMUNITIES
COLLECTIVE

LOCATIONS

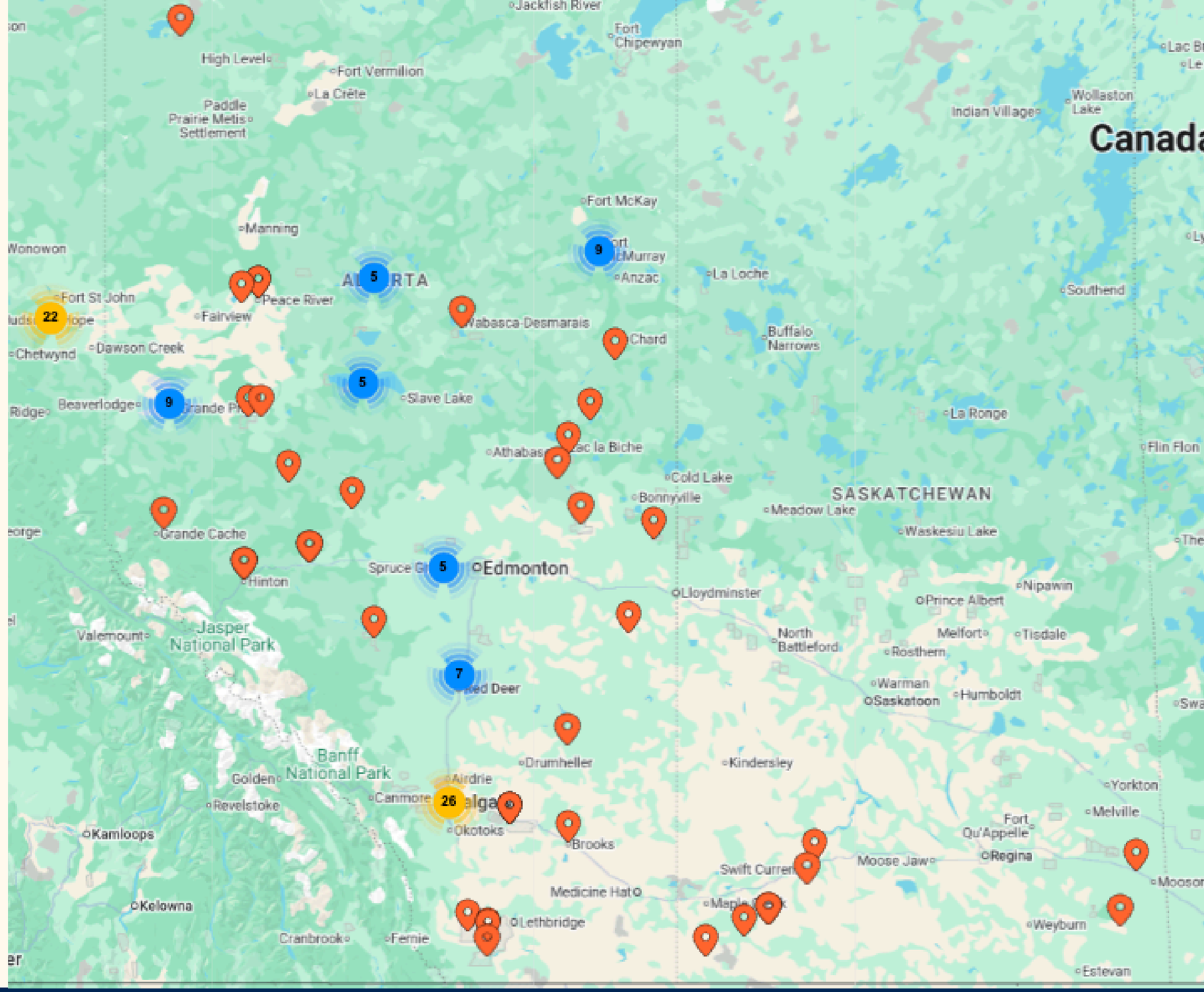
2025-26 School Year

150 Schools*

55 Indigenous Communities

Alberta, British Columbia and Saskatchewan

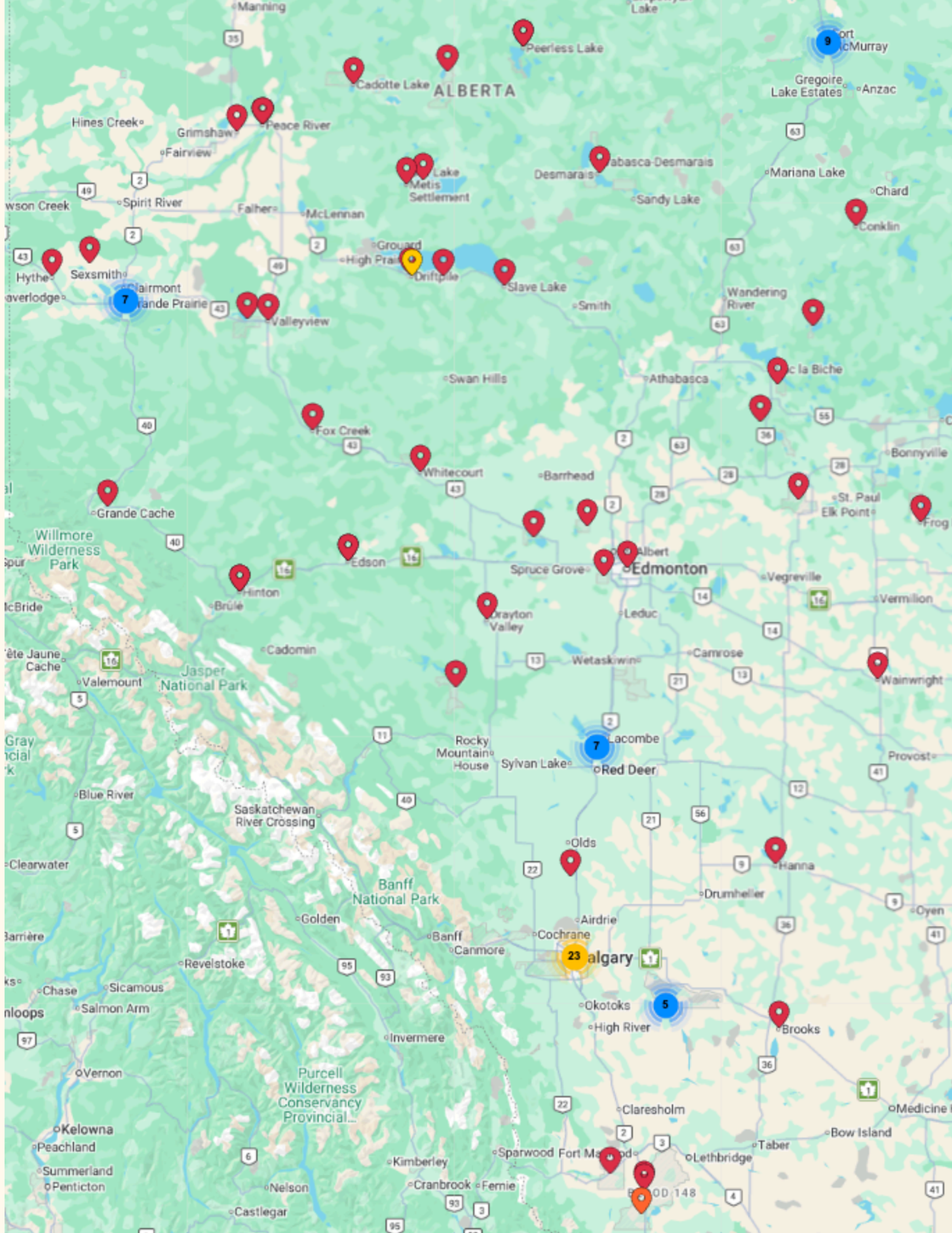
*Our goal is to meet the needs of the teachers, schools and students where they are at during the school year. 2025-26 was unique with the Alberta Teacher Strike. Outreach, onboarding and personalized eachers support are ongoing throughout the school year as we continue to expand, renew and add schools and impact more communities; some schools will pause or administrators change during the year.



IMPACT LOCATIONS

Alberta

- Alexander
- Alhambra
- Arrowwood
- Atikameg
- Beaver Lake Nation
- Beiseker
- Bentley
- Brant
- Brooks
- Cadotte Lake
- Calgary
- Cardston
- Carstairs
- Charlie Lake
- Chateh
- Conklin
- Drayton Valley
- Driftpile
- Edmonton
- Edson
- Enoch
- Fort McMurray
- Fox Creek
- Frog Lake
- Gift Lake
- Glenevis
- Glenwood
- Grande Prairie
- Grimshaw
- Hanna
- Hinton
- Hythe
- Kikino Metis Settlement
- Kinuso
- La Glace
- Heart Lake
- Lacombe
- Loon Lake
- Millarville
- Peace River
- Peerless Lake
- Piikani Reserve
- Ponoka
- Red Deer
- Saddle Lake
- Sexsmith
- Siksika
- Slave Lake
- Stand Off
- Sturgeon Lake
- Susa Creek
- Trout Lake
- Valleyview
- Wabasca-Desmarais
- Wainwright
- Whitecourt

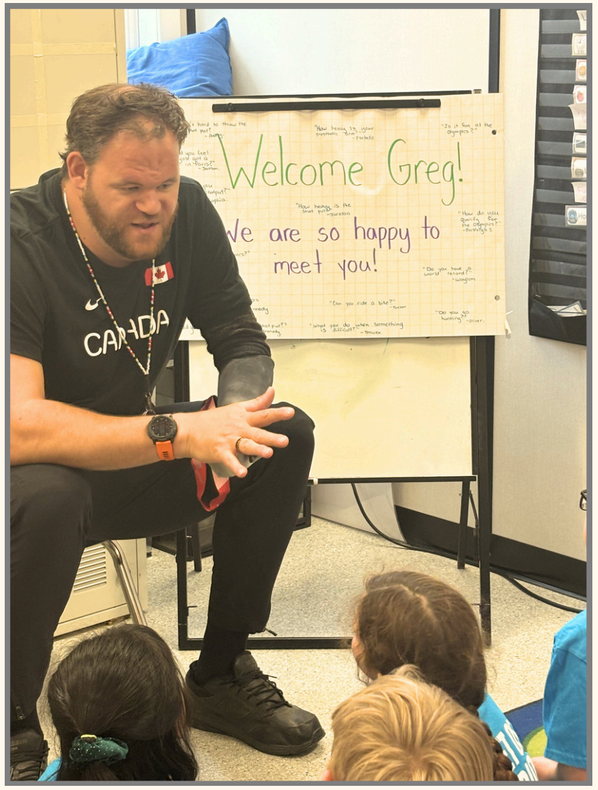


IMPACT LOCATIONS

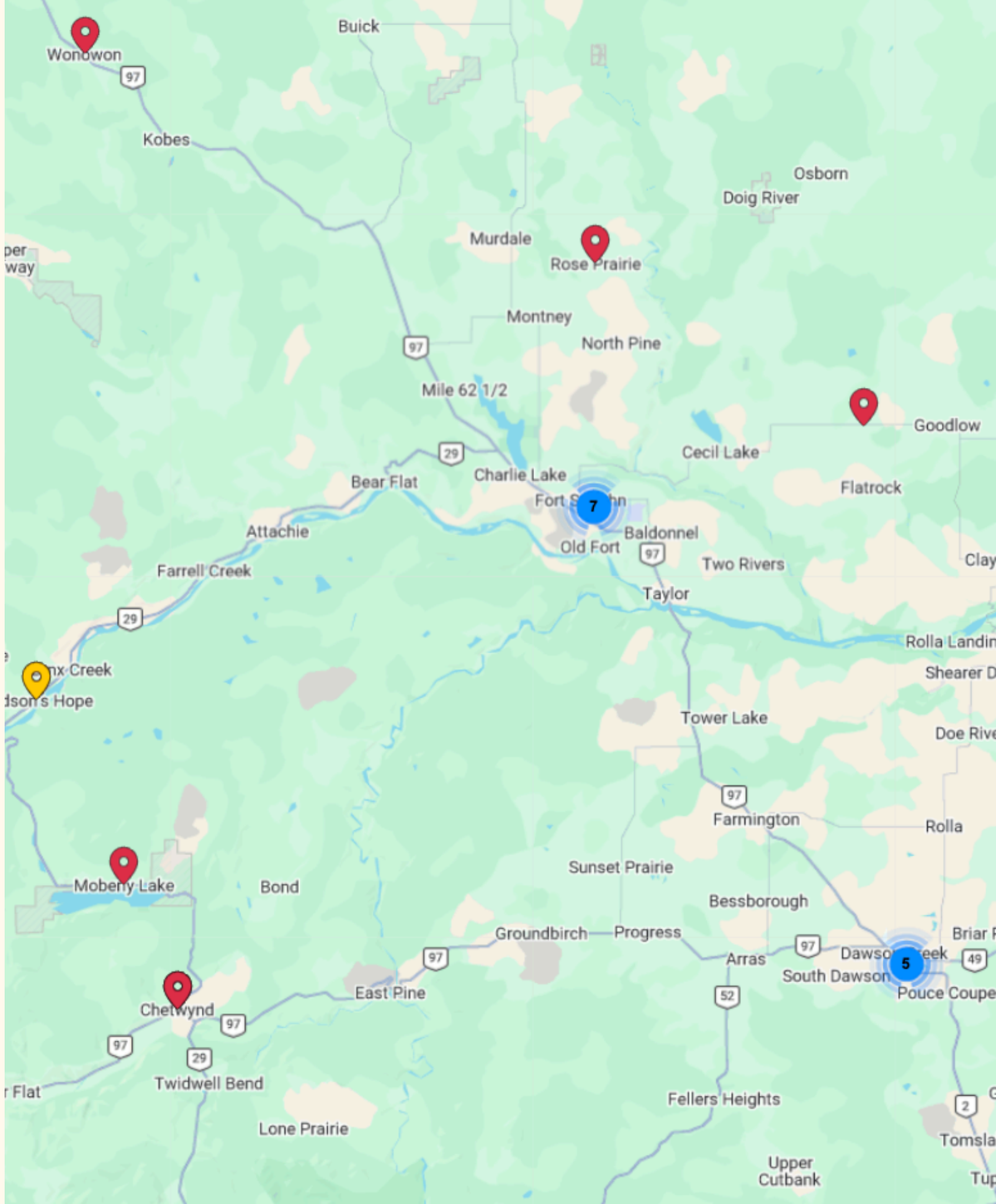
British Columbia

Town/City

- Arras
- Baldonnel
- Chetwynd
- Cultus Lake
- Dawson Creek
- Fort St John
- Goodlow
- Hudson's Hope
- Moberly Lake
- North Vancouver
- Pouce Coupe
- Rose Prairie
- Sooke
- Surrey
- Williams Lake
- Wonowon



Paralympic Gold Medalist and Classroom Champions Athlete Mentor, Greg Stewart talks with students in Fort St. John



IMPACT LOCATIONS

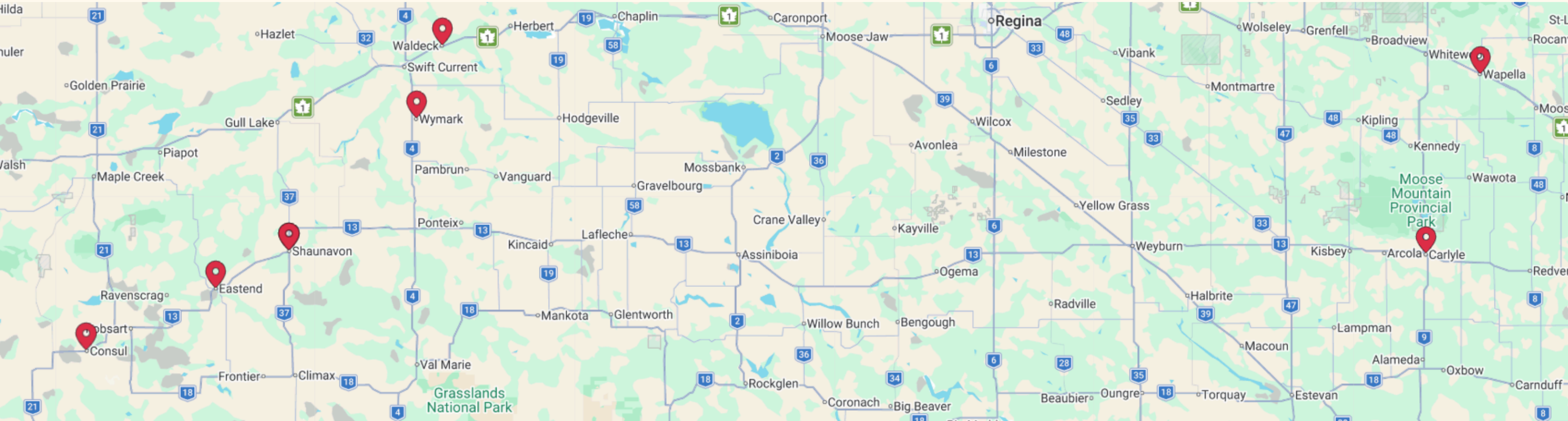
Saskatchewan

Town/City

- Carlyle
- Consul
- Eastend
- Shaunavon
- Waldeck
- Wapella
- Wymark



Team Canada Basketball Player and Classroom Champions Athlete Mentor, Quinn Dornstauder meets her mentees in Shaunavon, SK



INDIGENOUS COMMUNITIES

British Columbia

- Blueberry River First Nation
- Coast Salish
- Doig River First Nation
- Halfway River First Nation
- Katzie First Nation
- Kwantlen First Nation
- Pacheedaht First Nation
- Prophet River First Nation
- Qayqayt First Nation
- Saulteau First Nation
- Semiahmoo First Nation
- Soowahlie First Nation
- T'Sou-ke Nation
- Tsilhqot'in Nation
- Tsleil-Waututh Nation
- Upper Halfway River First Nation
- West Moberly First Nations

Alberta

- Alexander First Nation
- Alexis Nakota Sioux Nation
- Aseniwuche Winewak Nation
- Beaver Lake Cree Nation
- Bigstone Cree Nation
- Chipewyan Prairie Dene First Nation
- Conklin Métis Settlement
- Driftpile Cree Nation
- Duncan's First Nation
- Enoch Cree Nation
- Ermineskin Cree Nation
- Fort McKay First Nation
- Fort McMurray First Nation
- Frog Lake First Nation
- Gift Lake Métis Settlement
- Heart Lake First Nation
- Horse Lake First Nation
- Kainai Nation
- Kikino Métis Settlement
- Loon River First Nation
- Louis Bull Tribe
- Lubicon Lake Band
- Montana First Nation
- O'Chiese First Nation
- Peerless Lake First Nation
- Piikani Nation
- Saddle Lake Cree Nation
- Samson Cree Nation
- Sawridge First Nation
- Siksika Nation
- Stoney Nakoda Nations
- Sturgeon Lake Cree Nation
- Sucker Creek First Nation
- Sunchild First Nation
- Swan River First Nation
- Trout Lake First Nation
- Whitefish Lake First Nation
- Woodland Cree First Nation

**Indigenous communities are listed when the Indigenous school is in the program, or, when the local 'feeder' schools for the Indigenous community are in the program*



FROM THE CLASSROOM
THE CHAMPION MINDSET

The Units and skills students have been working on with their Athlete Mentor through the Classroom Champions Curriculum.

- 4 Lessons **Goal Setting**
- 4 Lessons **Emotions**
- 4 Lessons **Community**
- 4 Lessons **Perseverance**
- 4 Lessons **Teamwork**
- 4 Lessons **Feedback**
- 4 Lessons **Healthy Living**
- 4 Lessons **Leadership**

Check out the slides that follow to see some of the moments from the Classroom....

GOAL SETTING :
DREAM IT, THEN DO IT

Students learn to set their sights on something bigger — and build a plan to get there.





Chloe Holland Nov 16, 2025

Posted in Michael Sametz 🚴

Goal setting

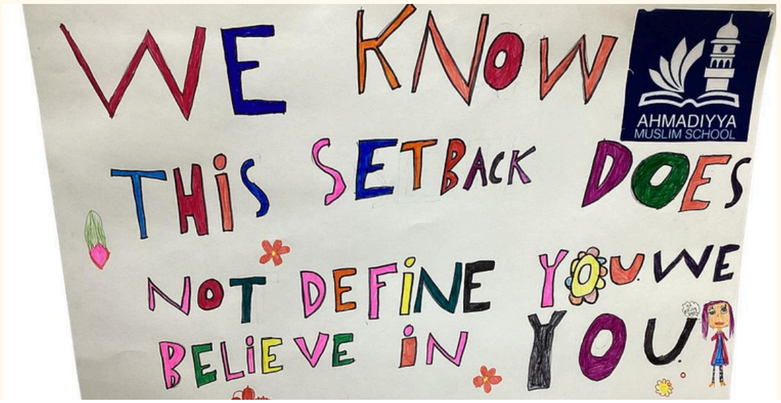
We really enjoyed listening to Michael Sametz talking about goal setting. It was nice to hear about how you worked hard towards achieving your goals. We talked as a class about how we could set goals for things we would like to know how to do but can't do yet, or things we want to get better at! We brainstormed different types of goals and each student picked one goal for themselves. They came up with some great ideas including learning how to read, doing the balance beam in gymnastics, being a doctor, learning to ride a bike, learning to play soccer, and learning how to do a handstand. We are excited to work towards these goals!

Ascension of Our Lord School

📍 Calgary, Alberta, Canada

PERSEVERANCE:
THE NEXT STEP, AND THE NEXT

When things get hard, students learn that showing up again is the real game-changer.



OO **Olufunmilola (Funmi) Olubiyi** Mar 4
Posted in Erica Voss

Perseverance

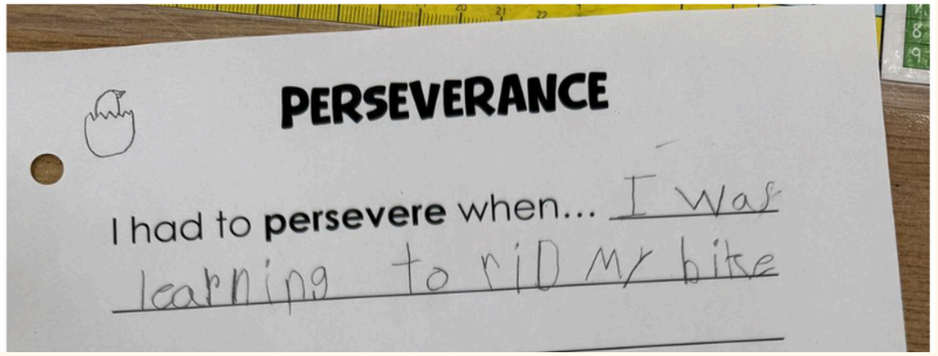
The grade 3 class at Ahmadiyya Muslim School is currently working through the perseverance lesson. In our discussion we talked about how Erica is working through some setbacks and showing perseverance. They decided to show support for Erica by making some posters. Take a look at what they came up with.

Ahmadiyya Muslim School
📍 Calgary, Alberta, Canada

Perseverance

Chloe Holland 🍎 🏆 Site Champion May 11

Thank you Michael Sametz for sharing your personal experiences of having to persevere. This opened up a meaningful discussion in our grade 1 classroom about not giving up when things get difficult. We talked about how we can't continue to grow, learn, and get better if we give up. We need to keep trying and ask for help when we need it. The students thought of times when they found something difficult and had to persevere.



Ascension of Our Lord School
📍 Calgary, Alberta, Canada

EMOTIONS + FEEDBACK:
NAMING IT TO NAVIGATE IT

Students build the self-awareness that makes growth possible.



Congratulations

BD **Brandy Dingman** Site Champion Jan 27

Dear Hallie,

We are happy to see that you had a great season and got off to a strong start. We were excited to watch your races. We were extremely excited to watch your 6th place finish on the Olympic track.

We are learning about BIG emotions and wondered how you were able to manage yours during your season and then when you were selected to rep Canada at the Olympics? We have had a lot of snow days here and we are experiencing many different kinds of emotions. We are learning to find our center to help us stay regulated and we practice it often.

We cannot wait to watch you compete at the Olympics. We are super proud of you and happy for you.

Good luck from Murray Centennial P.S.

Sincerely,

Ms. Dingman's Grade 3 Class

Hallie Clarke Jan 28

Hi Ms.Dingman's Class,

Thank you so much for your support this season! It means so much to me to know you guys were cheering me on along the way.

I am no stranger to BIG emotions. I had many exciting races, like the 6th place finishes, and some really hard races where I got injured. During those races that went well, I was feeling a lot of pride, excitement, joy, and relief. When I am having those emotions I try to be present in the moment and enjoy it!

During some of the more uncomfortable feelings, like when I got injured during a race or didn't get the result I was hoping for, I felt sad, frustrated, disappointed, and even embarrassed. All of these are normal emotions when things don't go how you want them to. Emotions are something you can control or hide from, but how you react to them is in your control. I take some time to understand why I feel that way and then try to be proactive and discuss what I can improve on with my coach after the race. I think there is always a positive to take from experiences that feel negative.

As for making the Olympic team, I had a lot of BIG emotions that overwhelmed me. I even cried when they announced my name! I tried to share these emotions with my teammates who were feeling the same way and we all got to enjoy the experience together.

I do know what P.S. means! It stands for "postscript" and comes from the latin word "post scriptum" meaning "written after".

Have an amazing day Champs!

Your friend,

Hallie

COMMUNITY + TEAMWORK:
BETTER TOGETHER

Students learn that showing up for others is how they show up for themselves.



Chloe Holland May 10
Posted in Michael Sametz 🚴

Community

We enjoyed listening to Michael Sametz speaking about the importance of community. Community is a topic we also learn about in grade 1 social studies and we know how important it is to be part of a community and feel a sense of belonging. We also talked about the importance of contributing to our communities. As a whole school project earlier this spring, we organized a food drive to support our local parish. In order to build excitement, for each food item or toonie donated, that would earn students one piece of duct tape to tape a teacher to the wall. We will be doing the teacher taping later this month. I will be one of the three teachers being taped!! We were able to raise a lot of money and collected many items to donate.

Ascension of Our Lord School
📍 Calgary, Alberta, Canada



JA **Aman** Jan 28
Posted in Share Your Impact!

Community Project: Building Community through Culture

As part of the Classroom Champions program, the Grade 3 students from Chief Old Sun School participated in their community project on January 20, followed by our Grade 2 students on January 22. This meaningful experience focused on building community, strengthening cultural connections, and making an impact.

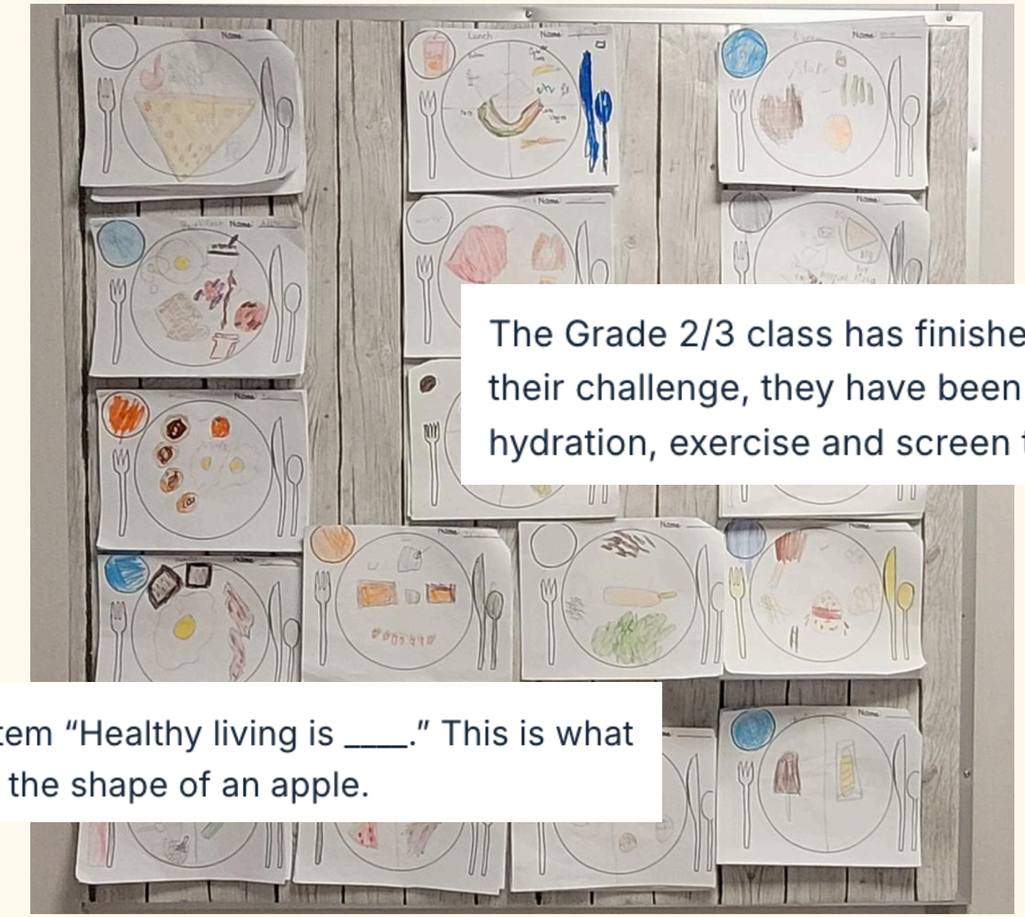
Our students visited Blackfoot Crossing Historical Park, the sacred site where Treaty 7 was signed. Through this visit, students deepened their understanding of history, culture, and the importance of place.

Chief Old Sun Elementary School
📍 Siksika, Alberta, Canada

HEALTHY LIVING + LEADERSHIP:
STRONG BODY, STRONG VOICE

Learning to take care of yourself as the first step to leading others.





The Grade 2/3 class has finished their healthy eating plates, and for their challenge, they have been tracking their habits for sleep, eating, hydration, exercise and screen timed.

Healthy Living- I gave them the sentence stem “Healthy living is ____.” This is what they came up with to fill in the blank. It is in the shape of an apple.

Pouce Coupe Elementary
📍 Pouce Coupe, BC, Canada

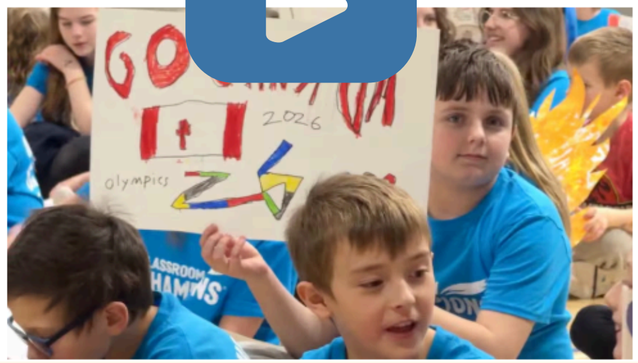
2026 MILANO OLYPMICS & PARALYMPICS

KIDS FOLLOWED THEIR MENTORS TO THE GAMES

Winter Olympics athlete teaching northeast B.C. elementary students life lessons through mentorship program

Devin Wardrope has been meeting with the students virtually, creating videos from the Olympic village in Italy

Tom Summer · CBC News · Posted: Feb 05, 2026 6:00 AM MST | Last Updated: February 5



BEFORE the Games

Congratulations on making it to the olympics!!! BTW this is Ramsay School in Calgary. FYI We are cheering you on—Devin! Devin! Devin!

We were devastated to hear that you hurt your shoulder again, but we are so happy you qualified. You deserve the gold medal. I mean you hurt your shoulder twice!!

Knock on wood—we hope to watch you bring home a medal for Canada. No matter what you will always have the gold medal in our hearts.

Grade 4 out!

Devin Wardrope · Feb 8

Hey everyone! We finally had our first training runs and they're feeling pretty good. This is a really fun track to slide on so i'm having a lot of fun here. Here is a quick video showing our second training run from today, a little sneak peek before the race.



We also had opening ceremonies a couple of days ago which was super cool to be in. There was tons of people there, both athletes and people who had come out to watch and cheer on all the different nations. It was in the downtown of Cortina which is a...

See more



DURING the Games

Wonder of Wonders!

BV Bonny Schlauwitz (sh-law-Vitz) · Site Champion · Feb 12

We are so proud of how amazing you were in the finals! Such composure! Such teamwork! Such a great display of being the best version of yourselves!

Congratulations on your 10th placement. That's terrific! You were amazing!

I'll post the kids cheering for you when I figure out how to upload the video from my device.

Enjoy the rest of your amazing Olympic experience- you 2026 Olympians!

Thank you!

Devin Wardrope · 3h

Hi Class,

I've had some time to reflect and relax a little after the end of the games. It's been an amazing experience but definitely tiring.

I just wanted to say thank you to all of you from the bottom of my heart. Your support through all of the ups and downs of the season has meant so much to me. This has undoubtedly been the toughest year in sport in my entire career but you're unwavering support of me through this journey helped me push through the tough times and reach my goal of representing Canada at the Olympics.

I wanted to share some photos and videos from my competition and the closing ceremony.

I hope everyone has been having a great school week!

AFTER the Games

...and the year continues with their mentor!



STRENGTHENING THE PROGRAM

Your support provides world-class resources to remote, rural and Indigenous communities

- **Launched our Educational Advisory Council** — education leaders providing honest feedback to keep our work meaningful, practical, and impactful
- **Strengthened our curriculum** with grade-specific content tailored to where students actually are at in their development
- **Added cross-curricular extensions** connecting mentorship to what's already happening in the classroom
- **Produced more engaging videos** bringing athlete mentors to life for kids

Thank you for making the 2025–26 school year a year of impact and opportunity for kids to develop the skills they need to thrive in life, build relationships with their mentors, and build a sense of belonging and confidence in the communities where you live and work. Together we are proactively supporting youth and their mental well being

We look forward to the 2026-27 school year. You make this work possible!

ENERGIZING COMMUNITIES COLLECTIVE

